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Academy Of Nutrition And Dietetics Pocket Guide To Nutrition Assessment



Synopsis

This edition is substantially revised, with a new chapter on the Nutrition Care Process, updated information on nutrition screening, thorough coverage of the five categories of nutrition assessment data, evidence-based guidance on estimating energy and nutrient requirements, additional anatomical illustrations and an expanded glossary. Current recommendations, guidelines, and equations for all five categories of nutrition assessment data Evidence-based guidance on estimating energy and nutrient requirements Additional anatomical illustrations An expanded glossary with definitions of more than 400 terms and abbreviations used in this pocket guide

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Customer Reviews

Bought this for my daughter for a College Nutrition class she is taking and she loves it. It is a great guide!

Really good book to help you out and starting your internship with dietetics.

Excellent resource for school or on the job.

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